

Food and Nutrition
Spring term 1 Newsletter

2026



Alison



Welcome back everyone! Happy New Year to you all! I hope you all had a great break and enjoyed the Christmas cooking that your children brought home especially the Upper School Christmas Cakes.

Thank you once again for your support of the Homebake Stall at the Christmas Fayre. It was a great success and so good to see so many of you there.

This term our topic is...

“Feel the Force.”.

Curriculum

In Food and Nutrition all classes will make dishes using raising agents to link with our ‘force’ theme. This will include yeast, baking powder, sodium bicarbonate, whisking and the use of air and steam. Lessons will very much include food science this term as well as using the all important numeracy and literacy skills.

Please continue to send your children in with a labelled container to take their cooking home in and remember to save those chocolate/biscuit boxes as they come in really handy.

As we are now fully using ParentPay for cooking money, I would also like to thank you for your support with this as I know we are all feeling the pinch as food prices keep on rising.

Monkey Puzzle, Elder and Sycamore will be making some ginger cake as well as different breads. Acacia and will be developing their rubbing in skills making crumbles from around the world, as well as practicing a lot of weighing out.

Willow, Mulberry, Chestnut, Cherry of dishes including Irish Soda Bread, pitta bread, Gingerbread, Focaccia and Jamaican buns. Holly and Magnolia will be practising and developing their kneading and shaping by making different breads.

Rowan, Maple and Jacaranda will be using lots of skills and really will get behind the science of it all by making breads, Focaccia, Pizza and savoury Choux Buns. Cedar and Oak will be using raising agents and different fruits/flavourings to make cakes.

Valentine’s Day will also be included.

Occasionally these may change due to ingredient availability.

Keeping in touch

Please continue to use the home school book or Tapestry to inform us of any important information relating to your child. We will check it every day but please log into Tapestry for your daily class update. Don’t forget to add any home experiences to Tapestry as this provides us with a valuable link to home.

Any absence or to notify us of a medical appointment or for general enquiries please email: willoughbyenquiries@prioryacademies.co.uk