

Food and Nutrition  
Spring 2 Newsletter  
2025



Alison



Welcome

Welcome back to Spring 2 Term and what a busy one it will be. This term is all about fruit and vegetables and how powerful they can be, helping to keep us fit and healthy.

This term our topic is...

“How does your garden grow?”

Curriculum

In Food and Nutrition lessons, classes will be looking at the power of vegetables and fruit and how important they are in our diet. Some classes will be following the “Eat them to defeat them” programme. Look out for the advert on TV.

Please continue to send your children in with a labelled container and thank you to everyone who brings one in regularly and to those who have donated more. As we are now fully using ParentPay for cooking money, I would also like to thank you for your support with this as I know we constantly feel the pinch as food prices keep on rising.

I look forward to another very busy and exciting term with all classes.



Keeping in touch

Please continue to use the home school book or Tapestry to inform us of any important information relating to your child. We will check it every day but please log into Tapestry for your daily class update. Don't forget to add any home experiences to Tapestry as this provides us with a valuable link to home.

Any absence or to notify us of a medical appointment or for general enquiries please email: [willoughbyenquiries@prioryacademies.co.uk](mailto:willoughbyenquiries@prioryacademies.co.uk)