

Food and Nutrition
Autumn 1 Newsletter
2026



Alison



Welcome back everyone! Happy new academic year to you all! I hope you all enjoyed a wonderful summer break and are looking forward to another fun filled term of cooking, I know I am.

This term our topic is...

"We are family"

Curriculum

In Food and Nutrition, classes will make dishes that have a family theme. Recipes and ingredients that are eaten around the world, that can be shared with friends and family and dishes that use our developing skills and techniques all will be included.

We will continue to emphasise the importance of numeracy and literacy in cooking as well as incorporating the science in food and of course cooking for fun. Please continue to send your children in with a labelled container to take their cooking home in and remember to save those chocolate/biscuit boxes as they come in really handy.

As we have moved over to ParentPay for cooking money, I would also like to thank you for your continued support with this. Ingredients, especially over the summer have become even more expensive. With challenges that food producers are facing I doubt this will change.



All pupils will receive a lesson of Food and Nutrition a week. Oak, Cedar, Holly and Magnolia will continue to carry this out in their classrooms with their class teacher, while the rest of the school will experience their lessons in the Food Room with myself.

Keeping in touch

Please continue to use the home school book or Tapestry to inform us of any important information relating to your child. We will check it every day but please log into Tapestry for your daily class update. Don't forget to add any home experiences to Tapestry as this provides us with a valuable link to home.

Any absence or to notify us of a medical appointment or for general enquiries please email: willoughbyenquiries@prioryacademies.co.uk